



School Medical Service

School medical check-up for new residents

The goal of the school medical check-ups is to identify health risks. This allows the children affected to receive appropriate support at an early stage. The School Medical Service therefore invites all newly arrived school pupils to a voluntary check-up.



Children have a fundamental right to health promotion. The foundation of good health is laid in childhood. The School Medical Service supports the healthy development of all school pupils from nursery to secondary level.

How is the check-up for newly arrived school pupils organised?

School pupils who are new in Zurich are contacted by the School Medical Service depending on the class level and invited to a voluntary check-up appointment. This usually takes place around two months after arrival. In order to provide the most favourable conditions for good schooling to every child, three school medical check-ups are scheduled for all pupils

in nursery through to secondary school. There is a free choice of medical practitioner for scheduled school medical check-ups.

What does the check-up involve?

The aim of the check-ups is to identify risks for health and development at an early stage. This way, suitable measures can be taken in time, if necessary.

The check-up for newly arrived children includes:

- ▶ Eyesight and hearing test (eyes / ears)
- ▶ Weight and size measurement
- ▶ Vaccination status check, vaccination consultation on infectious diseases (e.g. measles, tuberculosis)

Useful addresses and links:

- ▶ **New to the city of Zurich:** stadt-zuerich.ch/neuinzuerich
- ▶ **Health of refugees:** www.gesundheitsfoerderung.ch/kantonale-aktionsprogramme/link-sammlung-zur-unterstuetzung-der-gesundheit-von-fluechtenden
- ▶ **Information specifically for Ukraine refugees:** www.zh.ch/de/migration-integration/ukrainehilfe

Helpful tip: The flyer «Healthy during the time at school – Offers of the School Medical Service of the City of Zurich» summarises the services we offer. It is available in 13 languages. Go ahead and take a look.



and vaccination if necessary. In addition, health questions may be discussed and support provided for finding a paediatrician / family doctor.

Further information

School doctors are subject to medical secrecy. No information may be shared without the consent of the parents. The services provided by the School Medical Service are free and available to all children in nursery, primary school and secondary school in the city of Zurich.

**Contact and additional information:
School Health Services of the City of Zurich, School Medical Service
You can find the address of your school doctor here:
www.stadt-zuerich.ch/schularzt**

